

## PHYSICAL EDUCATION

## Required Physical Education

Upon entrance every student is given a physical examination by the Department of Health and Hygiene. The findings of that Department are furnished the Department of Physical Education and all students (except veterans who have had three or more months of military service; students who have successfully completed two semesters of physical education at another College or University, and students who have entered the University with a junior standing or above), are assigned to required physical education classes in accordance with their health status. Individuals with physical handicaps are assigned to "Adapted Physical Education" P.E. 1-1). All others are assigned to any of the physical education courses, P.E. 1-6.

Physical Education courses offer one credit hour, and are organized in such a manner as to teach two activities each semester. Students (except those exempt) are required to complete successfully two semesters of physical education. After students have completed their physical education requirements they are encouraged to enroll in additional service classes for credit or as auditors.

The required, or service, physical education program consists of specific courses of instruction for men and women students which are designed to:

1. Teach students activities which may serve as a recreational pursuit during leisure time.
2. Provide the students with a means of regulated and supervised physical exercise.
3. Develop a sane and intelligent attitude toward the need for and benefits of well-regulated physical activity.

A standard uniform is required of all students. The cost of this ranges from \$5.00 to \$12.00. A locker fee of \$2.00 per semester is charged each student which includes towel service, soap, locker rental, and the privilege of using the equipment and facilities of the Department of Physical Education during non-class periods. The swimming fee is \$4.00 per semester and includes locker rental.

## Intramurals

*A second phase of the Department's program is its intramural sports for men and women students and the Women's Athletic Association for women students. Through the intramural and W.A.A. programs and such organizations as the U.K. Troupers, Tau Sigma (Modern Dance), and Blue Marlin (Swim Club) numerous activities are sponsored which provide opportunity for all students to participate in competitive sports and recreational activities.*

## Professional Physical Education

The majority of students selecting Physical Education as a major do so because they expect to enter this field as teachers or as coaches. Since our students come from widely different backgrounds inside the state and from outside of Kentucky an effort is made to gear the program to their individual needs, backgrounds, and future requirements. To this end opportunities for varying extents of concentration in the major field and in minor fields within limitations of University and College policy are offered for the guidance of and selection by the student. Requirements in the fields of English, the Basic Sciences, Social Studies, Nutrition, Psychology and (for the teacher) in Education are outlined to accompany work in the major field. The student may