

is prejudicial to health. It is this. Professional men, especially that class among whom this disease most extensively prevails, are such as are much devoted to books, and confined in the study. Their minds are almost constantly engaged in the investigation of some mental subject. Hence the brain is overtasked, while the intimate connection existing between the brain and the digestive organs, subjects the latter to a detraction of nervous influence, which causes them to perform their functions tardily. The Muscular system of course, for want of needful support sinks. combined with this, the want of its accustomed exercise, renders them weak & flaccid. The nervous system takes on the same condition and agreeable to the general law of reciprocal action and sympathy, the whole body falls into ~~the~~ a state of inactivity. The biliary organs no longer discharge their accustomed secretions. the stomach is unable to digest food. - the appetite ceases. - and the individual finds himself quite prostrated.

Amidst this debilitated and excitable condition of the whole man, the vocal organs are