Challenging students at WCHS to become stronger people

By Bob Vlach

Our emphasis this week is on students at WCHS who have shown growth in their studies.

The Woodford Sun welcomes letters to the editor. Letters should be original, on topics of public interest, and not addressed to anyone.

Tips for home energy savings

AERA (American Energy Resources Association) estimates that the average American family uses about 25,000 kWh per year, which is a residential peak of about 2100 kWh per month. This can be a costly expense, especially for families who are on a tight budget. To help reduce this cost, here are some tips to save energy at home.

1. **Assess the energy efficiency of your home.** Before making any changes, it is important to understand where the most energy is being used. You can do this by having a professional energy audit or by purchasing an energy meter.

2. **Seal air leaks.** Sealing air leaks around windows and doors can save up to 20% on your energy bill. You can use caulk, weatherstripping, or plastic sheeting to seal these areas.

3. **Upgrade your appliances.** Replacing older appliances with energy-efficient models can save you money on your energy bill. Look for the Energy Star label on appliances.

4. **Adjust your thermostat.** Lower your thermostat during the winter and raise it during the summer. You can save up to 10% on your energy bill by doing this.

5. **Use LED bulbs.** LED bulbs use about 75% less energy and last up to 25 times longer than incandescent bulbs.

6. **Install a programmable thermostat.** A programmable thermostat can save you up to 15% on your energy bill by automatically adjusting the temperature when you are away from home.

7. **Weatherize your home.** Weatherstripping around windows and doors can save up to 20% on your energy bill.

8. **Ensure your home is well insulated.** Proper insulation can save up to 15% on your energy bill.

9. **Use a power strip.** A power strip can help you save energy by turning off multiple devices at once.

10. **Limit hot water use.** Reducing hot water use can save up to 15% on your energy bill.

By following these tips, you can significantly reduce your energy consumption and save money on your energy bill. Remember, every little bit helps when it comes to saving energy.