LEXINGTON, KY

One hundred years ago the average American lived to around 50 years of age. Today the average American lives to nearly 80 years of age. While that fact alone is astonishing even more so is that today’s population remains active well into their 70’s and 80’s. It is no longer uncommon to see the seventy year old playing tennis or the eighty year old shooting a round of golf with friends. However, the number of 40-60 million adults in the United States that report being told by a doctor that they have some form of arthritis the image of an active lifestyle seem all but a distant memory, that is until recently.

A revolutionary new non-surgical treatment called Viscosupplementation Therapy is providing hope and relief for many knee pain sufferers. Offered locally by Dr. P Craig MD, this procedure is minimally invasive, requires no surgery, can provide immediate results, and has little to no recovery time.

But before we discuss Viscosupplementation Therapy let’s consider the facts surrounding joint pain and arthritis...

Consider The Facts...

Degenerative joint conditions impact over 100 million people in the United States.

Roughly 25% of all visits to primary care physicians are attributed to these conditions.

Half of all anti-inflammatory drug prescriptions written in the United States are for pain.

One in five adults (22%) in the United States report having doctor diagnosed knee pain.

In 2007-2009, 50% of adults 65 years or older reported an arthritis diagnosis.

By 2030, an estimated 67 million Americans ages 18 years or older are projected to have doctor diagnosed arthritis.

Clearly arthritis and knee pain have already reached epidemic proportions in the United States. If you are experiencing any of the following symptoms in your knee or joints chances are your pain is due to a condition called Osteoarthritis and you may be a candidate for care:

• Pain: Your joints may ache, or the pain may feel burning or sharp. For some people, the pain may come and go. Cont. pain may get worse especially if you sleep, you may be a sign that your arthritis is getting worse.

• Stiffness: When you have arthritis, getting up in the morning can be hard. Your joints may feel stiff and creaky for a short time, until you get moving. You may also get stiff from sitting.

• Muscle weakness: The muscles around the joint may get weaker. This happens a lot with arthritis in the knee.

• Swelling: Arthritis can cause swelling in joints, making them feel tender and sore.

• Deformed joints: Joints can start to look like they are the wrong shape.

• Reduced range of motion and loss of use of the joint: As your arthritis gets worse, you may not be able to fully bend, flex, or extend your joints. Or you may not be able to use them at all.

• Cracking and creaking: Your joints may make crunching, cracking sounds.

If you are experiencing any of the above mentioned symptoms, don’t worry, there is hope. Many that have undergone Viscosupplementation Therapy report these very symptoms, only to see them reduced and even eliminated after receiving care.

Have you lost hope or been told that surgery is your only option? Don’t be discouraged! Even if you or a loved one has been given an ultimatum by another doctor don’t worry you do have options, feel free to call anytime at 859-449-4668 and ask for your free second, third, or fourth opinion.

Until recently, the only advice for many suffering from knee and joint pain was...

• Try exercising • Try physical therapy

• Try pain pills • Try muscle relaxers

• Try pain shots • Try dangerous surgery

If you are tired of trying treatments that don’t provide lasting relief, or if you are afraid to try any of these treatments, don’t worry there is another option. If you have tried any of these treatments and experience little to no relief you may still be a candidate for Viscosupplementation Therapy. Call 859-449-4668 and schedule a no cost screening today! You have nothing to lose but your pain!

How Does This Therapy Work?

Dr. Craig uses high tech medical equipment and decades of experience to pinpoint problem areas with extreme accuracy. Viscosupplementation is then injected into the knee and bonds with naturally occurring joint fluid to create a lubricating and cushioning layer. It also reduces pain, inflammation, and swelling of the joint. Most patients compare the treatment to getting a fl sh shot and report little pain or discomfort.

What is injected into the knee?

Hyaluronic Acid (Hyalgan) is a natural substance extracted from rooster comb and purified to mimic the lubricating substances that occur naturally in the joint called synovial fluid. In patients with osteoarthritis synovial fluid “dries up” allowing the cartilage of the joint to rub against itself and other surfaces causing pain, inflammation, and in most cases damage to the joint. Think of this treatment like slapping a squeaking door hinge, once the applied squeaking stops and the door moves more freely.

When will I feel results?

Most feel an immediate reduction in pain and return to normal activities in weeks.

Considering Surgery?

Many people go straight from knee pain typically try supplements or pain medications before seeking help from a doctor. When all else fails and the pain is too much, some feel surgery is the only option.

Will my insurance cover this treatment?

Yes, most major insurances and Medicare will pay for this treatment.

If you are tired of trying treatments that don’t provide lasting relief, or if you are afraid to try any of these treatments, don’t worry there is another option.

Cost

Medicare

Most major insurance plans including Medi-aid, Co-Pay, Meds, time off work, etc.

Risk

No known side effects

Complications, poor outcomes, addiction to pain medications

Pain

Little to none

Can be severe and lasts months

Recovery

Immediate

Months/Years

How do I know this is right for me?

The American Academy of Rheumatology recommends the use of Hyalgan for treatment of Osteoarthritis of the knee. In most cases if you have knee pain this is a great solution. Dr. Craig will give you an honest and fair evaluation of your particular knee pain. To accommodate demand we have opened our schedule to the first 30 callers to receive a “no cost” screening.

Real Patients, Real Stories, Real Relief!

“I was experiencing some pain and stiffness in both my knees. My primary doctor prescribed naprosyn and said that I was a good candidate for knee replacement surgery. Not long after that I heard about a new FDA approved treatment for Osteoarthritis being used at the Osteo Relief Institute.

The therapists were very patient and encouraging and after a short time I was able to see a marked improvement in my posture and in the way I walked. After the injections and therapy I can honestly say I’m in better shape than ever. Thanks to the excellent and caring staff my quality of life has been restored.”

“My knee feels great. I was a bit skeptical when I first read about the program in the paper but from the moment I walked through the door I knew that this program was going to be different. The atmosphere and the attitude from the staff to the office itself put me at ease. I had already tried a total knee replacement and wanted to try something rather than go through another painful surgery. After completing the program my initial impression was correct. I can now dance again which I have not done in years, and my lifestyle is on track to normal. Thank you Osteo Relief Institute!”

So there you have it, surgery is no longer your only option, hope does exist, and this therapy worked wonders for you like, so why are you wait- ing for? Pick up the phone and call us today to schedule your risk-free, no obligation, screening at no cost to you. Call 859-449-4668.

But one last thing, ever since adding this medical breakthrough to our practice the phone has been ringing off the hook. We added extra lines to try and accommodate the traffic, but sometimes it is just too much to handle. For that reason if you call and the line is busy, or you receive voice mail, keep calling back. The possibility of living pain free again and getting your life back is worth the time and effort it may take to get ahead of us so that we can schedule your no cost screening. So keep calling, help is only a phone call away... 859-449-4668.

We are also seeing great success with shoulder pain and arthritis. Call 859-449-4668.

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