Healthy Livingston group asks residents to complete survey

By Kurt Engelsfelder, Livingston Ledger

Community groups throughout Livingston County are meeting monthly to find out what's important to them and to the community. During their meetings they have been gathering information about the community and the health of the community. The survey is available at https://www.frankfort- monkey.com/livingstooky. A paper copy, can be picked up at the local health dept in Smithland for those that don't use computers. It only takes about 10-15 min- utes to complete and covers a broad area of health. They want to know specifics about a resident’s health and behaviors while also finding out their perception and attitude important to them. This type of infor- mation will help the group identify where they need to focus their efforts. This survey will be open through the end of January and anyone 18 and older, living in Liv- ingston County can complete it. Once all the data is collected, the group will then work on develop- ing a Community Health Improve- ment Plan, where they will identify some areas of concern to address. Goals and objectives will be devel- oped along with strategies on solv- ing the identified problems. This process will be ongoing as they hope to make improvements in the health of Livingston County resi- dents.

For more information contact

Healthy Livingston!

From the Frankfort front

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Kentucky Legal Aid in Smithland January 23

A presentation from the Public Law Office of Kentucky Legal Aid will be at the Livingston County Senior Citizen Center in Smithland on Monday, January 23, beginning at 9:30 AM.

They will provide legal serv- ices for senior citizens needing assistance if a proper appointment has been made with the director of the senior citizen center by noon on January 22. To make an appointment call the senior citi- zen center at 270-828-4111. No fees will be charged to indi- viduals aged sixty and over in ac- cordance with the 60+ ELIG regulations. Services are pro- vided on a somewhat limited basis in civil (non-criminal) law and public benefit cases for qual- ified individuals and in civil cases the Kentucky does not certify legal specialists.