

# RECREATION ROUNDUP & BLUEGRASS OUTDOORS

## BASKETBALL



### Fifth Grade B Division Champions

E-town Blue won the Elizabethtown Youth Basketball League's fifth grade B division championship. Front row, from left, are Gary Galloway, Matthew Pinkham and Jansen Wilson. Back row are coach Sheldon Lackey, Bradley Lackey, Ryan Hawkins, Mac Meyer, Kade Bailey, Jared Towell, Taiten Pritchard, Henry Waters and coach Matt Towell.

## WE WANT YOUR RESULTS AND PHOTOS!

There are four ways to turn in sports scores and photos:

- **E-MAIL:** to [sports@thenewsenterprise.com](mailto:sports@thenewsenterprise.com). We accept Word (.doc), Notepad (.txt), JPEG (.jpg) and bitmap (.bmp) files.
  - **FAX:** (270) 769-6965. Please write "Sports" on all pages.
  - **MAIL:** The News-Enterprise Sports Department, 408 West Dixie Avenue, Elizabethtown, KY 42701.
  - **IN PERSON:** At our office (address listed above). Office hours are from 8 a.m.-5 p.m. Monday-Friday. There is a drop box to the right prior to entering the second door for use during non-office hours. All submitted items must be received before noon Wednesday prior to Thursday's publication. All items must have a contact name, phone number and first and last names of all participants. The N-E has the right to edit/crop all items. The N-E also has the right to hold items for publication because of space or time constraints. Photos should be of championship, runner-up or third-place individuals or teams. No phoned-in, handwritten, all-caps or items older than 45 days will be taken. For photos to be returned, submittee must turn in a self-addressed stamped envelope.
- For information, call Josh Claywell at (270) 505-1752*

## RESULTS

### BASKETBALL

**VINE GROVE YOUTH LEAGUE**  
**7/8-YEAR-OLDS**  
**CLIPPERS 41, CAVALIERS 11**  
 Clippers: Joshua Bankhead 15, Dayce Vaughn 11, Danyon Vaughn 6, Benjamin Collins 4, Micah Parmes 4, Alex Patrick 1. Cavaliers: E. Haynes 11.

**9/10-YEAR-OLDS**  
**CLIPPERS 18, PISTONS 4**  
 Clippers: J.J. Garrett 16, Brandon Williams 2. Pistons: Ramon Smith 3, Wells Emery 1.

**13/15-YEAR-OLDS**  
**WIZARDS 59, JAZZ 6**  
 Wizards: Michael Dial 16, Blair Hall 14, Darren Sanders 10, Jeris Simmons 9, Javin Murray 8, John Whelan 2. Jazz: Adraian Marrelli 6.

### BOWLING

**DIX-E-TOWN-LANES**  
**THURSDAY NITE OPEN**  
**WEEK 26 STANDINGS**

All Balls	138-70
Corvins	130-78
Uncle Dan's P&G	122-86
HMH	118-90
Curvy's Pro Shop	116-92
Free Agents	116-92
M&M	114-94
Blue Beacon	112-96
Advance Auto Parts	108-100
AGC	107-101
Dean's Gang	102-106
Just Throw It	101-107
Neighborhood Market	94-114
Team Leverage	92-116
ELAD Edge	90-118

**WEEK 26 RESULTS**  
**High Game**

Bob Money	243-230-200
Tim Strait	242-233
Dennis Davis	242
Justin Luna	234-212
Tim Bryant	229-205
Jack Decker	227-224-207
Darrell Risinger	224-216
Dean Taylor	224
David Knoop	222-200

Micheal Hall	215
Timothy Mitchell	214-211-203
John Folco II	214
David Sims	213
Joe Evans	211
Derek Justis	211
David Lowe	210
Brian Grant	210
Ken May	205-200
Anthony Helm	205
Robert Ash Sr.	204
Chris Stiltz	204
George Wever Sr.	204
Buddy Grant Jr.	203
Robert Ash Sr.	203
Chris Marcum	201
Darrell McGuffin	201

**High Series**

Tim Strait	674
Bob Money	673
Jack Decker	658
Timothy Mitchell	628
Darrell Risinger	622
Dennis Davis	614
Justin Luna	610
Ken May	596
Derek Justis	593
David Knoop	592
Tim Bryant	592
Darrell McGuffin	578
Dean Taylor	569
Buddy Grant Jr.	553
Chris Marcum	552
Micheal Hall	550
Robert Ash Jr.	550

**SUNDAY NIGHT MIXED LEAGUE**  
**WEEK 26 STANDINGS**

Boot Country	73.5-30.5
Perry's Tools	67-37
Clueless	62-42
4 Fun	60.5-43.5
Triple F	60.5-43.5
Curvy's Pro Shop	60-44
Snack Time Vending	57-47
Team 2	53-51
Jungle Fever	52-48
The Braves	48-52
Back in Black	46.5-57.5
Early Bloomers	41-63
Andy's Barber Shop	40-64

**WEEK 26 RESULTS**  
**High Game (Men)**

Bryan Barner	245-211-184
Dave Pratt	221
Chuck Crum	213
James Stroud	213-203
Doug Wright	205

**WEEK 26 RESULTS**  
**High Game (Men)**

Bryan Barner	245-211-184
Dave Pratt	221
Chuck Crum	213
James Stroud	213-203
Doug Wright	205

Jeff Childers	201-200
Billy Lutz	201-194
James Westmoreland	200-183
Butch Harbolt	200
Alan Barner	200
Billy Anderson	189
Luther Gary	188
Ed Sullivan	188

**High Game (Women)**

Barbara Rollins	191
Kelly Monnette	187-180-157
Jennifer Herman	180-150
Annette Anderson	170-169
Kim Chatoney	165-158-152
Kathy Myers	164-163
Sabrina Barner	160
Mary Stroud	159-158
Cindy Wright	158
Janice Prather	157-155
Tanya Major	156-156
Pat Hewett	153
Stephanie Wright	151

**High Series (Men)**

Bryan Barner	640
James Stroud	578
Jeff Childers	559
Billy Lutz	556
Dave Pratt	553
James Westmoreland	540
Ed Sullivan	535
Luther Gary	520
Alan Barner	522
Tom Chatoney	518
Chuck Crum	507
Doug Wright	505
Billy Anderson	503
Ricky Brooks	502

**High Series (Women)**

Kelly Monnette	524
Jennifer Herman	477
Kim Chatoney	475
Barbara Rollins	474
Annette Anderson	471
Kathy Myers	464
Mary Stroud	452
Tanya Major	439
Janice Prather	439
Sabrina Barner	437
Stephanie Wright	411
Kathy Alberts	409

**EARLY BIRDS MIXED LEAGUE**  
**WEEKLY STANDINGS**

BLKR	73.5-30.5
Rocky Mountains	61-43
Bad Draw	59-45
Easy Money	58.5-45.5

**WEEKLY STANDINGS**

The Newbies	57-47
Half and Half	56-48
Over the Hill	50-54
Thompson's Trucking	47.5-56.5
Killer Bees & G	45.5-58.5

**WEEKLY RESULTS**  
**High Game (Men)**

Bob Money	248-230-211
Doug Thompson	225-182
Bob Ash	223-203-196
Bobby Ash	222-200
James Washington	215-192-180
Darrell Risinger	211-192
Jack Decker	209-192-191
Butch Hornback	200-182
Joe Hagan	196
Roy Steingrube	193
Dave Knoop	189
Bob Dotts	189
Lee Ferguson	186-182

**High Series (Men)**

Bob Money	689
Bob Ash	622
Jack Decker	592
James Washington	587
Bobby Ash	585
Doug Thompson	576
Darrell Risinger	574
Butch Hornback	544
Lee Ferguson	541

**High Game (Women)**

Dawn Ferguson	245-201-169
Beverly Money	226-182-180
Terry McHorney	197-177
Becky Harrell	196
Kathy Vandyrift	191-174
Marci Kauffeld	182
Lucy Ash	181-171-161
Sandra Deel	175
Lesia Steingrube	174
Bonnie Lush	170

**High Series (Women)**

Dawn Ferguson	615
Beverly Money	588
Lucy Ash	517
Terry McHorney	502
Becky Harrell	496
Kathy Vandyrift	493

**WOMEN'S LEAGUE**  
**WEEKLY STANDINGS**

Golden Girls	64-40
Uncle Dan's Pawn	63-41
Team 4	60.5-43.5
E'town Laundry	60-44
Pin Splitters	59.5-44.5

**WEEKLY RESULTS**

High Game	205-164-155
Lucy Ash	195-151
June Pickerell	191
Cindy Strait	187
Deana Barnett	169
Karen Persful	169
Linda Maree	169
Martha Hornback	165-152
Beverly Money	159-151
Marilyn Helm	158

**High Series**

Cindy Strait	562
Lucy Ash	524
June Pickerell	489
Deana Barnett	474
Joan Johnson	471
Kathy Vandyrift	462
Karen Persful	456
Beverly Money	454

**MONDAY NIGHT CHURCH LEAGUE**  
**WEEK 27 STANDINGS**

Pin Collectors	147-69
Aloha Bowlers	133-83
Holy Rollers	119-97
Strikes R Us	115-101
Pin Busters	115-101
Wildfire	112-104
Strike Force	111-105

**WEEK 27 RESULTS**  
**Men Scratch Game**

Terry Spaulding	242
Dennis Dean	203
John Lanz	195

**Women Handicap Series**

Samantha McDowell	673
Tammy Mahoney	655
Judy Maurus	654

**TUESDAY MORNING SENIOR**  
**WEEKLY STANDINGS**

ABCs	35.5-12.5
Mixed Nuts	31-17
Seven Ups	31-17
Mystery Bowlers	29-19
Wild Cats	27.5-20.5
We Can	27-21
Hit & Miss	25-23
Pen Pals	25-23
Tough Ones	25-23
We Try	21-27
Roller Coasters	21-27
Four Friends	18-30
Big Blue	15-33

**WEEK 27 STANDINGS**

Betty Raymer	201
Fran Hendrick	189-165-147
Thea Adams	183
Connie Denney	180-175-145
Chris Cantwell	173
Violet Knoop	157
Pearl Bell	152
Lou Talbert	150
Sue Parrett	149
Betty Meredith	144
Barbara Colville	143-140
Pauline Hackett	143
Ruth Pawley	140

**Men High Game**

Bobby Bell	220-164
David Knoop	219-192-161
James Washington	210-207-173
Jim Clark	206
Garland Caver	202-172
Randy Langley	200-155
Roger McMaster	197
Bob Dotts	192-184-179
Doug Thompson	189-179-179
Billy Taylor	189-159-151
Omer Rucker	188-186-151
Joe Hagan	182-155-152
Gwen Carlson	177-166
Bill Noe	176
Bill Kegerreis	172
Darrell Risinger	169-167-164
R.B. Smith	169-166-153
Mansfield Smith	161
Charlie Totten	159
John Amos	156-148

**Men Handicap Game**

Terry Spaulding	273
Dennis Dean	250
John Lanz	238

**Men Handicap Series**

Terry Spaulding	694
John Lanz	690
Clayton Bastian	663

**Women Scratch Game**

Judy Maurus	182
Barbara Colville	154
Tammy Mahoney	153

**Women Scratch Series**

Lemora Washington	433
Judy Maurus	432
Barbara Colville	429

**Women Handicap Game**

Judy Maurus	256
Samantha McDowell	248

# Study: High-school athletes return from concussions too soon

By JACK KELLY  
 Pittsburgh Post-Gazette

Of 14,635 high-school sports injuries reported during the 2008-10 school years, 1,936 (13.2 percent) were concussions, according to an epidemiological study published in January in the American Journal of Sports Medicine. This was nearly twice the rate reported in earlier studies of high-school athletes.

The increase isn't as great as it seems. The earlier studies didn't include boys' ice hockey and boys' lacrosse — where the incidence of concussions is fairly high — and one of the earlier studies didn't count concussions if the time the athlete lost from sports activity was less than a day.

Concussions in the 20 sports studied occurred most often as a result of player-to-player contact and were more than twice as likely to happen in competition than in practice, researchers at Nationwide Children's Hospital in Columbus, Ohio, found. The one exception was cheerleading. Cheerleaders were 10 times more likely to be hurt in practice than while performing at games or competing in cheerleading competitions.

Most of the concussions were mild. In

40 percent of cases, concussion symptoms disappeared within three days. A majority of athletes who suffered concussions returned to play within three weeks. About 25 percent returned to practice in a day. In 2 percent of cases, the athlete resumed play on the same day he or she suffered the injury.

"This improper practice was widespread," noted researchers Mallika Marar, Natalie McIlvain, Sarah Fields and R. Dawn Comstock, who found it in 12 sports they studied. "This clearly violates the consensus statement on sports-related concussion, which recommends that no adolescent athlete who sustains a concussion should return to play on the day of the injury."

The practice is more than improper, said Anthony Kontos, assistant research director for the University of Pittsburgh Medical Center's Sports Medicine Concussion Program. It's against the law in many states.

Athletes who suffer a concussion should wait at least a week after becoming asymptomatic before returning to the sport, the researchers said.

"Any time there is a suspected concussion, it has to be automatic that the athlete

is removed from competition or practice and is not returned until he or she is symptom-free at rest, have passed a baseline test and also have passed a test indicating the athlete is symptom-free after exertion," Dr. Kontos said.

The concussion symptoms most often reported were headache (94.2 percent), dizziness (75.6 percent) and concentration difficulty (54.8 percent).

About 11 percent of the athletes who suffered concussions had had concussions before. The incidence of recurrent concussions was highest in wrestling (20 percent).

Because repeated concussions can result in serious brain injury, it is especially important in these cases to "err on the side of caution" before permitting the athlete to resume play, the researchers said.

By far the most concussions (47 percent of the total) were in football. Girls' soccer (8.2 percent) was second. The safest sport was boys' volleyball, where no concussions were reported. Concussions as a proportion of total injuries were highest in boys' ice hockey, girls' lacrosse and cheerleading.

The researchers measured the relative risk of concussions in the various sports by athlete exposure, which was defined as

one athlete taking part in one athletic practice or competition.

Although most concussions were suffered by boys, "in all gender-comparable sports studied, girls had higher rates of concussions than boys, and concussions represented a greater proportion of all injuries in girls than in boys," the researchers said, a finding consistent with earlier studies.

Biomechanical differences in the head and neck may explain this disparity, the researchers said. But it may exist simply because "female athletes may generally be more honest about reporting injuries."

Most concussions were the result of athlete-to-athlete contact. Girls were more likely than boys to suffer concussions from contact with the playing surface and from contact with players' equipment. This was especially true in girls' lacrosse and field hockey.

Because of this, "referees should remain especially vigilant in sports that include sticks and fast-moving projectiles," the researchers said.

Some changes in rules and equipment might also be warranted, Kontos said. Male lacrosse players wear helmets, he noted, but female lacrosse players do not.

## SPORTS CALENDAR

**SPORTS TEAM NOTE:** Sports Calendar is a free service, but The News-Enterprise sports department cannot guarantee when or how many times an item will run. Items should be submitted to The N-E sports department no sooner than three weeks prior to the date of your event. The N-E sports department has the right to edit all Sports Calendar items. To place a Sports Calendar item, call (270) 505-1752, fax it to (270) 769-6965 or email it to [sports@thenewsenterprise.com](mailto:sports@thenewsenterprise.com).

**BANQUETS/DINNERS**  
**Fort Knox DU Sportsman's Night Out**  
 The Fort Knox chapter of Ducks Unlimited will host its sportsman's night out at 6 p.m. March 24 at the VFW Post 10281 in Vine Grove. For information or tickets, call Robert Gilpin at (270) 900-1254.

**CAMPS/CLINICS**  
**Karate Classes in White Mills**  
 Bert Rosenbarker is offering karate classes in White Mills. Classes will be held on Tuesdays from 6:15-8 p.m. at White Mills Christian Church and are open to ages 8-and-up. For information, call Rosenbarker at 369-0328.

**ES&FC Weight Lifting Competition**  
 Elizabethtown Swim and Fitness Center will host its fourth weight lifting competition beginning at 10 a.m. Saturday. Divisions are: teenagers up 19 years old (no weight classes); men's division (less than 150 pounds, 151-165, 166-180, 181-195, 196-215 and 216 and up); men's masters division (ages 40-50, no weight class); men's grand masters division (50-and-up, no weight class); and women's division (no weight class). Entry fee is \$15 for ESFC members and \$20 for non-members and includes a T-shirt. Registration costs

\$25 day of competition. For information, call Jayne LeVan at 765-7946, Ext. 109.

**HELP NEEDED**  
**South Hardin Sports**  
 South Hardin Sports is taking bids for a concessions manager and field maintenance manager. For information, call Scott Davis at 763-1077.

**PASSES/TICKETS**  
**LCHS Baseball/Softball Passes**  
 Baseball and softball season passes for LaRue County High School are now available. Passes are \$15 for students and \$30 for adults. Passes are only valid for regular-season games. For information, see Melinda Rock at the ticket gate or David Dawson at LCHS.

**PLAYERS/COACHES NEEDED**  
**EABC**  
 The Elizabethtown Area Baseball Commission is looking for coaches. Coaches will be voted on at the league's next meeting. For information, email Mindy Wood at [m](mailto:mindywood01@msn.com)