Dear Abby: Do women ever initiate sex with men, or must they always be second, raped, begged or persuaded? I have a fairly good physical relationship with my wife, but it happens only when I make the overtures. I am left with the conclusion that either the physical act isn't that enjoyable or I am not very desirable.

Must we always start with the guy, or can women demonstrate more overt interest? — Undecided in Ohio

Dear Undecided: Many women initiate sex with their partners. If your wife doesn't, it may be she isn't comfortable about having the experience, or her hormone levels have changed, or may have become interested in sex, or she never got much out of it in the first place.

Not knowing her, I can't explain why she never makes the first move. But I can say sure — if you have a frank discussion with her about it, nothing is going to change, and it may need the help of a marriage counselor.

Dear Abby: I have been married to “Richard” for three years, but we have sex only once a month. I am not very desirable.

I should move on. Should I follow my heart and be with Drew or stay with Richard despite my feelings? — I'm starting to believe it is a sign that I should move on. Should I follow my heart and be with Drew or stay with Richard despite my feelings? — Distraught in Tex.

Dear Distraught: I'm willing to wager that if you decided a direction of the energy you've spent on your extramarital relationship, you'd be happier, your marriage would be better in shape.

With the help of a marriage counselor you might even be able to address those issues you feel have been ignored.

But for you to throw away your marriage for someone you haven't met in person would be a serious mistake. Take the glass that you haven't gotten pregnant and dump it into this. It would have broken your husband's heart, not only because you abandoned him but also because he would have been separated from the child he loved.

With the help of a marriage counselor, I believe you might be able to get things straightened around. With the help of a marriage counselor, I believe you might be able to get things straightened around.

—— Abby

Dear Abby:

We have been trying to get pregnant for five years and it hasn't happened. I'm starting to believe it is a sign that I should move on. Should I follow my heart and stay with Drew or stay with Richard despite my feelings? — Distraught in Tex.

Dear Distraught: I'm willing to wager that if you decided a direction of the energy you've spent on your extramarital relationship, you'd be happier, your marriage would be better in shape.

With the help of a marriage counselor you might even be able to address those issues you feel have been ignored.

But for you to throw away your marriage for someone you haven't met in person would be a serious mistake. Take the glass that you haven't gotten pregnant and dump it into this. It would have broken your husband's heart, not only because you abandoned him but also because he would have been separated from the child he loved.

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—— Abby